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Forgiving

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**Matthew 18: 21-22 (NRSV)**



## Ice Breaker:

1. Name three colors not in a rainbow.
2. Name three vegetables that start with the letter “C”
3. Name three sports that you can not touch the ball with your hand.
4. Name three habits people you hope people would not do in public.

# The Word of God:

“Then Peter came to Jesus and asked, “Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?’ Jesus answered, ‘I tell you, not seven time, but seventy-seven times’.” Matthew 18:21-22

## After reading the Bible Passage discuss the following Questions:

### Why do you think it is hard to forgive others?

* 1. What they did to you was unfair.
  2. They are not sorry for what they did.
  3. We are angry with how we were treated
  4. Other, explain

### How willing are you to forgive someone who has wronged you?

* 1. Extremely likely
  2. Somewhat likely
  3. Not likely
  4. Extremely unlikely

### What answer did Jesus give Peter when he asked how often to forgive the person who wronged him?

* 1. Once
  2. Twice
  3. Three times
  4. Seven times
  5. Seven times seventy seven times (149)
  6. Other

### Explain a time when someone wronged you.

* 1. How did they make you feel?
  2. How did you respond?
  3. Were you able to forgive them? Why or Why not?
  4. What do you wish was done differently?
  5. Other

### What are some ways to forgive those who have wronged us?

* 1. Let go of our right to take revenge
  2. Let go of bitterness
  3. Stop dwelling on what the person who hurt us has done
  4. “Allow room for error or weakness”
  5. Other, explain

### Which of the following is NOT forgiveness?

* 1. Forgetting
  2. Holding on to a grudge
  3. It’s only about the other person
  4. Approving what the person who offended you did
  5. Saying the offense was acceptable
  6. Other, explain

### Why is it important to forgive others?

* 1. It makes you feel free, liberated
  2. It benefits both you and the offending person
  3. We are told to “love your enemies and pray for those who persecute you.” (Matt. 5:44)
  4. God forgives us.
  5. Other

## Commit:

Which of the following can I do to help forgive someone who has offended me.

1. Pray for them.
2. Decide to forgive them.
3. Speak to a trusted adult about the situation for perspective.
4. Set healthy boundaries with the person to protect you and the relationship.
5. Give up my “right” to revenge and put the person in God’s hands.
6. Other

### Prayer:

1- Pray for specific concerns members of the group want to share

2- Close with Hayr Mer…..